

What is on your bedside table?

As you know, I have been on a cleaning, sorting and organizing whirlwind. Starting at one end of the house, my goal is to go through every drawer, closet, dresser and attack it with the mindset as if I am moving in 2 weeks. Expired makeup, business suits with shoulder pads, miscellaneous paperwork – GONE!

The master closet and bathroom are behind me and I just finished the master bedroom. I haven't cleaned out my nightstand in many years.



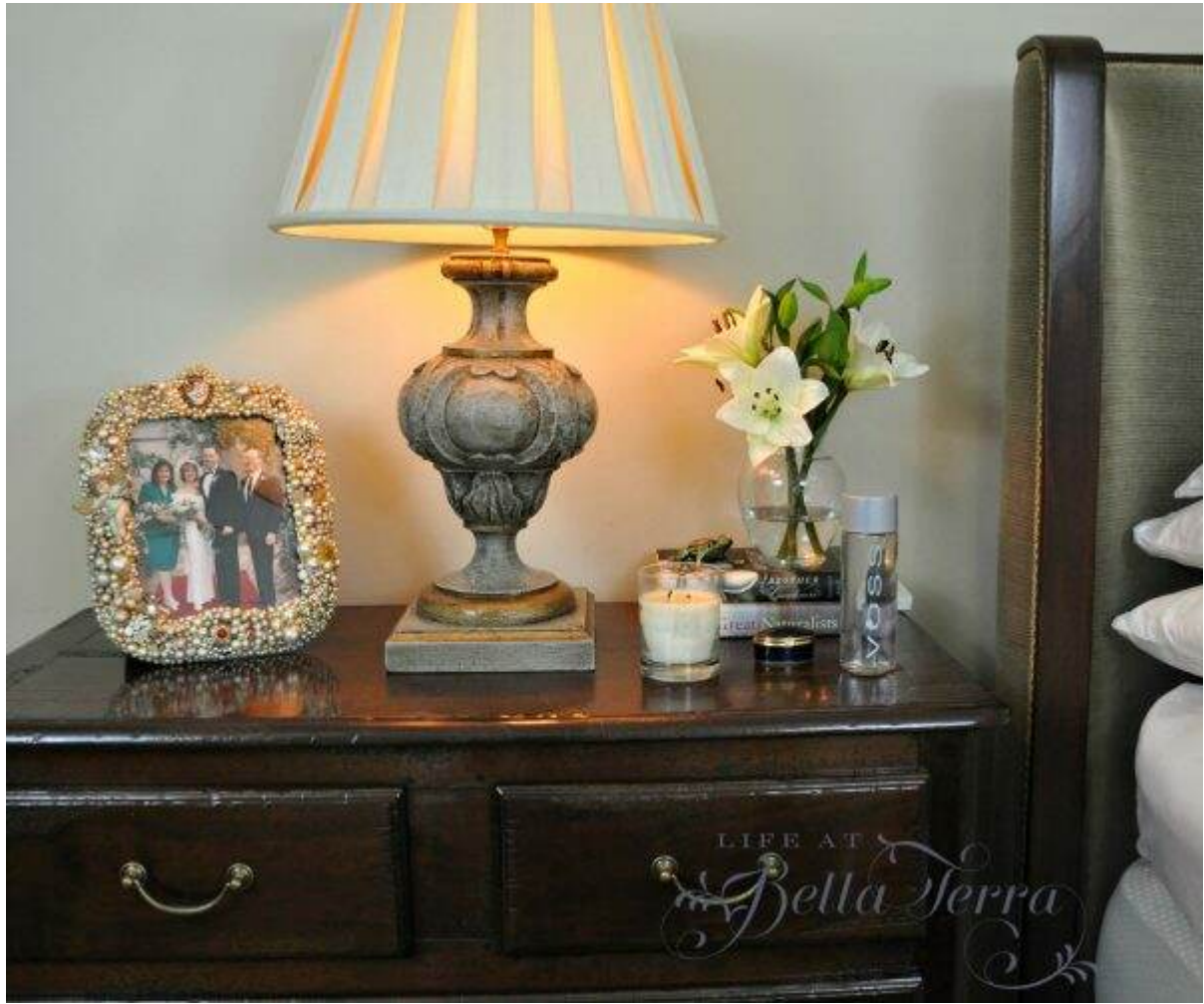
It's such a luxury to have fresh cut flowers in any room, but having them by the bed, seems extra special...bringing a bit of the nature indoors.



But I am also fine with a good quality artificial flower, like these peonies from [The Enchanted Home](#). To see a previous post about these artificial flowers, click [here](#).



The decadent picture frame was a wedding gift from a friend~~it's a collage of old pearls, jewelry, and a cupid and is truly one of a kind. Not sure my husband is very fond of it, but I think it's fun. Wouldn't this be a great DIY project with an abundance of costume jewelry?





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Within reach, I keep a candle, books I may be reading, a water bottle, and a small Limoges box that holds a set of rosary beads. There's a great story behind the Limoges box. My husband and I won a trip (charity raffle) in 2001 to fly to London, England, take the [Venice-Simplon-Orient Express](#) train to Southampton, England and then board **Cunard's Queen Elisabeth** ship for a 10-day transAtlantic cruise. Up to this point, I had never won anything...lucky, lucky me!!! This beautiful keepsake box is from our exquisite train ride on the Orient Express.



Brother Gardeners
The Great Naturalist

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The jeweled frog is just something fun. It's a small box and I don't really use it for anything, but I'm rather fond of it.



In the top drawer closest to my side of the bed, you will find [Kiehl's hand cream](#), [Essie apricot cuticle oil](#), [Smith's Rosebud salve](#), a nail file, my glasses, a few flashlights (as we are always losing power), and multiple power cords for my [iPhone](#) and [Kindle](#), and my headphones. The ceramic prayer book holds a few more of my rosary collection. The pottery plate I received as a gift on a business trip with my husband to Chile, South America.

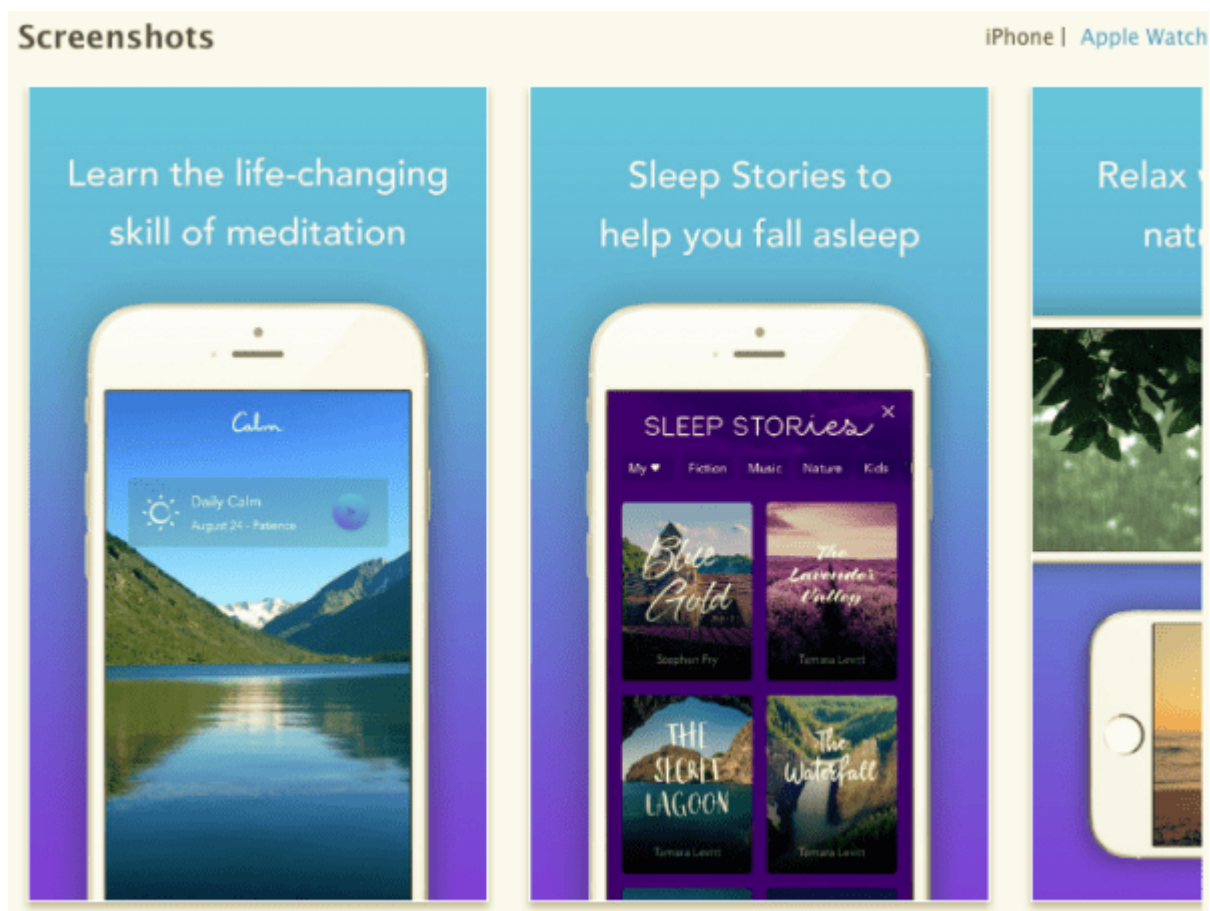


Smith's Rosebud salve is so good for chapped lips, extra dry skin or to help minor burns. It smells good and the tin looks so retro to me. My cuticles tend to get dry in the climate here and the apricot oil does the trick.



Lastly, I just discovered this amazing app called "[Calm](#)". If you have difficulty either falling asleep or staying asleep, you may want to try this. Each night before I go to sleep, I listen to a Sleep Story. There is a large selection of

stories that are read aloud for adults. I cannot tell you how much fun it is to settle in and listen to a story. I have not, to date, stayed awake long enough to hear the entire thing. Their narrators have such smooth, reassuring voices that lull you to sleep. They also have selections for meditations to reduce anxiety, sleep better and feel happier for all ages (even a College Collection). I can't say enough about this app. It truly is something that I look forward to each day. It's my new latest toy!!!



So, what is on your nightstand or bedside table?

Mary