

# Saturday Meanderings



Happy Easter (or Passover) weekend! The weather is certainly warmer in Phoenix but hoping it will get back down to something less than 88 degrees. Our Easter dinner will be small but we will do all the traditional family events just the same. Welcome to Saturday Meanderings where we chat about all things good and wonderful this week.

## Amazing Online Magazine



Chic & Country Magazine

I just discovered Chic & Country magazine and I am SO impressed. This virtual magazine comes out quarterly (I think) and you can access it anytime.



Chic & Country is a magazine about country style interiors with a touch of French chic and Nordic whites, featuring house tours, home stories, decor ideas, food recipes, flower design, gatherings' styling, gardens and unique travel destinations. The subscription is \$20.00 a year. This is my new go-to read just before bed. Here is [the link](#).

## Doing a 5K



My daughter has a goal to do 52 hikes annually. And she's added a few 10Ks as well. As a result, I am supporting her efforts to be more active so I am participating by signing up for the same races~but only the 5Ks. I can no longer run, as my knees cannot tolerate the impact after multiple knee

surgeries. In completing the Shamrock Run last month, I received this Mr.T-like medal and cool t-shirt, so I am looking forward to participating in the Hippity-Hop run today.

A 5K sounds impressive but it is only 3.11 miles and my fast walking time is about 50 minutes. The good news is that I can log my time and get another t-shirt and medal!

## Disappointed with Results



One of my garden goals this year is to grow abundant amounts of strawberries. Typically I will buy starter plants from our local nursery, but this year I purchased strawberry starter roots online from Gurneys. Twenty root stock and crowns arrive and I plant them according to the instructions.

All the strawberry plants showed good signs of growth for a few weeks and now nearly 50% of them are dead. Literally. No reason, as I am taking care of them. Every day I go out to my garden another plant has died. So I am supplementing with locally grown starter plants from Whitfill. Live and learn, I guess.

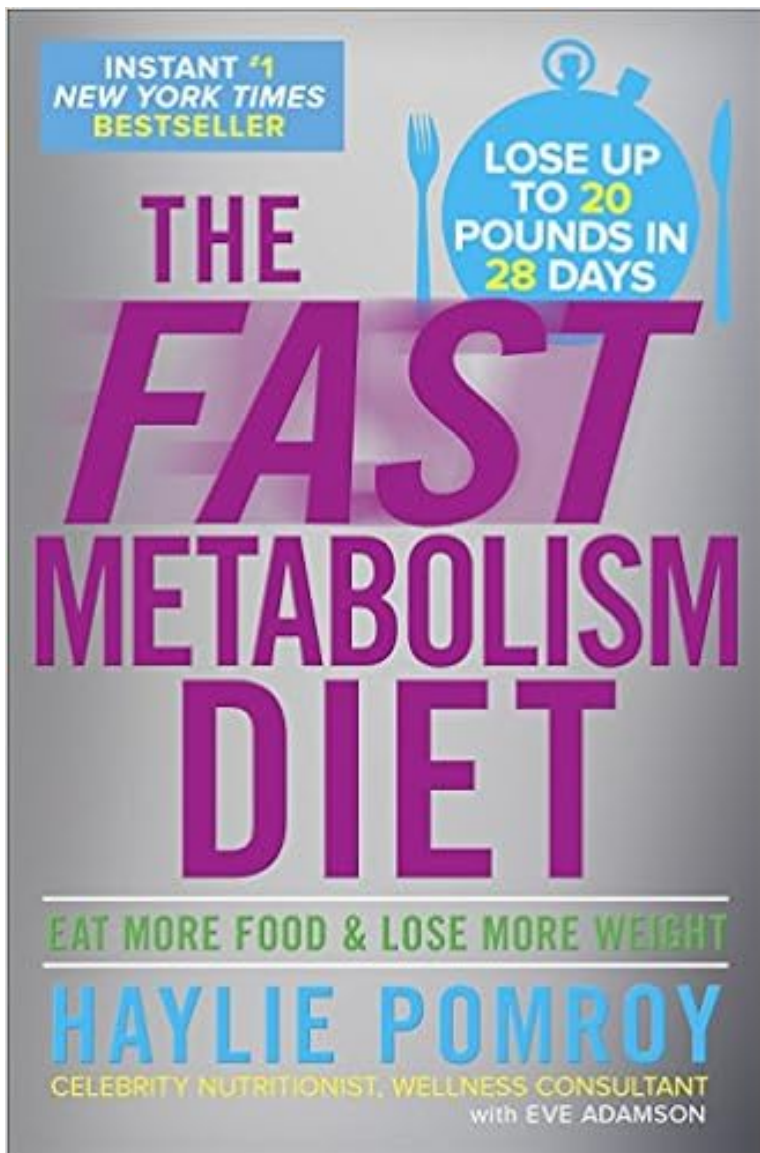
## Best Cake Ever



Hands down, my new favorite cake! I made this for my daughter's birthday in March and am excited to make another for this weekend. It is a London Fog Cake~ a chocolate cake with coffee, smothered in Earl Grey tea infused buttercream and then drizzled with salted caramel sauce. Oh my.

The recipe is from my favorite cake cookbook, [\*Layered, by Tessa Huff\*](#). Truly a winner. And if I have shared this with you before, it's worth repeating....it's that good!

## New Eating program



My metabolism is very slow, unfortunately. Unlike my son, who has an extremely fast metabolism, mine just chugs along. Barbara, from [Mantel and Table](#), recommends this program to me to jump start my metabolism. We are both doing it for the next month.

I am completing my first week and love it so far! Grounded in real science and written by nutritionist, Haylie Pomroy, it's a 28 day program. The hope is to mix things up and get my metabolism working at an optimal level. Will let you know how it goes! Here is a [link to the book](#) if you are interested.

# Annual Lamb Cake



## Traditional Easter Lamb Cake

As a child, I have fond memories of Mom's lamb cake at Easter. Made in a cast iron mold, this cake is now an annual tradition in our home. I will be baking it on Saturday, with an orange blossom cake recipe. So excited to try this new cake as right now, our orchard is filled with orange blossoms. If you would like to see a post on how the lamb cake is made, click [here](#). Isn't he cute?

# Easter Dinner table



Since we are expecting a few more guests, Easter dinner will be in the dining room. A few weeks ago I did a post on a yellow and blue Easter table (see [here](#)), but for Sunday, this one is more blue and pink.



If you missed the post this week on these sweet decoupage eggs, click [here](#). The block print tablecloth is just the right shade of blue for Spring. The bunny plates from Pottery Barn connect the patterns and colors in the Royal Doulton Juliet plates. Scattered about are birds, bunnies, and even a stone frog.



That wraps it up for Saturday Meanderings. I hope you have a glorious and blessed weekend. My goal is to stay away from my phone and social media and just relax a little. I know I will be making adjustments to the Easter dinner so I do not stray from my new eating plan, but it will still be wonderful to share it with family and friends.

Mary

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