

Derby Day Fun



LIFE AT
Bella Terra

As the 145th annual Kentucky Derby occurs this weekend, we are celebrating with mint juleps and Derby Pie.

This is my first Derby pie and it was easy to make. The recipe describes it as a thick, gooey chocolate chip cookie meets a warm buttery pie for a heavenly and decadent Southern dessert.

Using a pre-made pie crust (I always use Trader Joe's brand as I find it to be the best), fill a 9" pie dish.



Line the bottom of the crust with semi-sweet chocolate chips and toasted pecans or walnuts (I used a combination of both).



Pour a mixture of eggs, sugar, flour, butter, bourbon, vanilla and salt over the chocolate and nuts.



Bake 40 to 45 minutes until set.



Let pie cool to room temperature and add Bourbon Whipped Cream on top.



I added chocolate chunks on top of the Bourbon Whipped Cream
Click [Here](#) for the pie recipe!

While I was making the pie, my son was making Mint Juleps.

With 4 simple ingredients~~simple syrup, mint, bourbon and ice, you can make this Derby Day drink. Click [here](#) for the recipe.



Here are some fun facts that you may not know about the Kentucky Derby.

Nineteen past winners have had names beginning with the letter "S," including [Secretariat](#), the fastest horse in Kentucky Derby history, who completed the 1973 race in just under two minutes.



The amount of food consumed at the Derby is pretty astounding. On average, spectators will eat 142,000 hot dogs, 18,000 barbecue sandwiches, 13,800 pounds of beef, 32,400 jumbo shrimp, 9,000 scallops, 8,000 pounds of potatoes, 30,000 cookies and 300,000 strawberries.



The traditional drink of the Derby is the mint julep and over 120,000 are said to be consumed at the race each year.



The Kentucky Derby trophy only weighs $3\frac{1}{2}$ lbs.



The Derby is also referred to as 'The Run for the Roses' because the winner is awarded a blanket sewn with over 400 roses post-race. This blanket weighs about 40 lbs.



Over \$150 million in wagers have been placed over the last several Kentucky Derby races.



I don't know anything about horse racing but I've always wanted to attend the Kentucky Derby to wear a big hat! May the best horse and rider win!

Mary